# **GLUTEN FREE ALTERNATIVES**

Listed below are menu suggestions that we trust contain no known traces of gluten. Please be aware that, because of logistical constraints, The Chop House cannot maintain separate, sterile, grill & frying areas for the preparation of the numerous items that could cause allergic reactions. We will assume no liability for the possibility that traces of gluten may be transferred in the grilling or frying process or the use of utensils in accordance with our normal cooking procedures. This could potentially result in an allergic reaction causing discomfort or gastric distress.

Also be aware that our service staffs are not experts in food allergies or diseases related to allergies, nor do they possess an involved knowledge of all ingredients within products or seasonings. Therefore, any questions concerning our menu should be directed to the manager on duty or to our Corporate Office.

#### **APPETIZERS**

SWEET CORN TAMALE CAKES
JUMBO SHRIMP COCKTAIL
DEVILED EGGS W/BROWN SUGAR BACON
SMOKED SALMON DIP

## **SALADS**

HOUSE SALAD ~ no rice noodles
WEDGE SALAD
BALSAMIC BLUE CHEESE CHOPPED SALAD
CAESAR SALAD ~ no croutons
GRILLED CHICKEN SALAD ~ no onion ring or rice noodles
SANTA FE GRILLED CHICKEN SALAD
SLICED TENDERLOIN SALAD ~ no seasoning or croutons
(see reverse side for salad dressings)

## **SANDWICHES**

CHOP HOUSE STEAKBURGER ~ no bun or seasoning BEYOND BURGER ~ no bun, seasoning, or onion ring

# **CHICKEN**

ROSEMARY GRILLED CHICKEN BREAST GRILLED CHICKEN PARMESAN ~ no fettuccine

#### **STEAKS**

ALL STEAKS (except PRIME RIB & HORSERADISH CRUSTED FILET) are gluten free if prepared with "no seasoning."

FEATURE TENDERLOINS ~ no seasoning, tobacco onions or bordeaux

## STEAK TOPPERS

BEARNAISE SAUCE
BLUE CHEESE BUTTER
SAUTEED ONIONS
½ SKEWER GRILLED SHRIMP ~ no fettuccine
BLUE BUTTER/MERLOT GLAZE
BOURBON BACON JAM

## **CHOPS & RIBS**

CHOP HOUSE PORK CHOP ~ no seasoning PETITE PORK CHOPS ~ no seasoning LAMB CHOPS ~ no seasoning or mint sauce

(PLEASE SEE REVERSE SIDE FOR FISH TOPPINGS, SALAD DRESSINGS, SIDE ITEMS, DESSERTS, LUNCH FAVORITES, & KIDS MENU

#### **SEAFOOD**

GRILLED NORTH ATLANTIC SALMON CHARGRILLED JUMBO SHRIMP ~ no fettuccine FRESH CATCH OF THE DAY COLD WATER LOBSTER TAIL

## **SEASONAL FISH TOPPINGS**

CORN & BLACK BEAN SALSA, MANGO SALSA, PEPERONATA, PICO DE GALLO, RED PEPPER & CUCUMBER CHUTNEY

## **SALAD DRESSINGS**

RANCH
BLUE CHEESE
SANTA FE
HONEY MUSTARD
BALSAMIC VINAIGRETTE
RASPBERRY VINAIGRETTE
1000 ISLAND
OIL & VINEGAR
CAESAR

# **SIDE ITEMS**

JUMBO SWEET POTATO
BAKED POTATO (butter, sour cream, cheese, bacon & chives)
MASHED POTATOES
CHOP HOUSE FRIES
SWEET POTATO FRIES
BAKED CINNAMON APPLES
SUGAR SNAP PEAS
STEAMED BROCCOLI
STEAMED ASPARAGUS
DEVILED EGGS (3)
FRESH FRUIT MEDLEY
CORN CRÈME BRULEE

## **DESSERT**

**ICE CREAM** 

## **LUNCH FAVORITES** (in addition to those on first page)

ANGUS CHOPPED STEAK ~ no seasoning RAINBOW TROUT GRILLED CHICKEN CAESAR SALAD ~ no croutons GRILLED SALMON CAESAR SALAD ~ no croutons

#### **CHILD MENU**

CHILD BURGER ~ no bun or seasoning CHILD PORK CHOP ~ no seasoning GRILLED CHICKEN BREAST